Jazz Triplet Fill Concept #2
(Double stroke triplets played between the hands & bass drum)
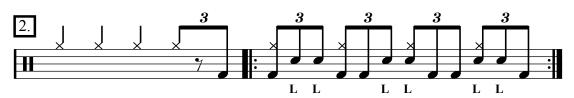### (SDVL33)

John Xepoleas

Welcome to the 2nd lesson in my "Jazz Triplet Fill Concept" series. In this lesson, I am going to teach you how to play a triplet double stroke fill between your hands and bass drum. To get a good feel for the triplet doubles, we'll start by playing them between the snare and bass. Start slowly and practice with a metronome.

Now, you'll play a quarter note ride cymbal pattern with your right hand and play the triplet fill between your left hand and bass drum.
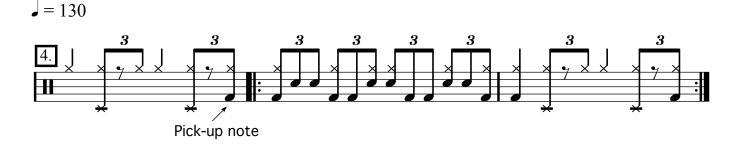

Next, you'll play the same fill pattern between the snare and bass, but play a jazz ride cymbal pattern with your right hand.

Once you have a good feel for the pattern, practice it from a time feel. Notice that there is a bass drum pick-up note at the end of the time measure leading into the fill. Try one bar of time and one bar of the fill, then two bars of time and two bars of the fill.

Pick-up note

♩ = 172

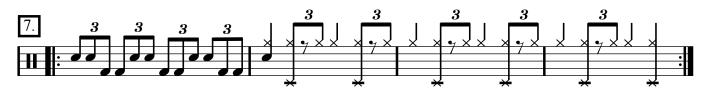**Two Bars of Time with Two Bar Fill**

5.

Now, you'll play a different version of the fill. This one starts with two strokes on the snare drum followed by two on the bass. Start slowly, and once again, practice with a metronome.
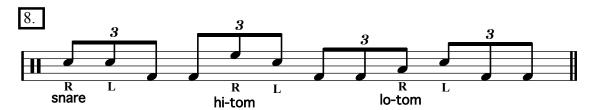
♩ = 80

6.

R L   R L   R L

Let's play this fill into 3 bars of a time feel. Notice that I'm hitting the snare and ride cymbal together when I come out of the fill.
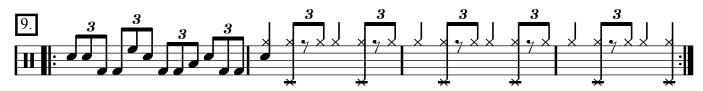
♩ = 155

7.

Here's a variation of this fill that incorporates both the hi and lo tom.

♩ = 80

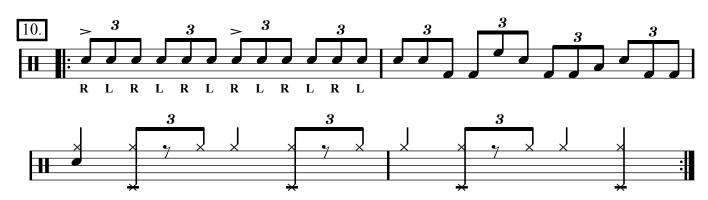8.

R L   R L   R L
snare   hi-tom   lo-tom

Now, you'll play the fill into a swing time feel. For this example, you'll play the fill for two bars followed by two bars of time.
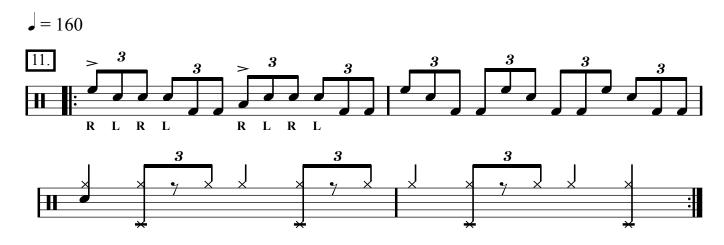
♩ = 155

9.

Now, you'll play an accented single stroke triplet pattern on the snare drum in bar one, followed by the triplet fill using the toms in bar 2.

Here's another fill idea for bar one. It uses four hand strokes and two bass drum strokes.